

DISTRICT 19 COMMUNITY SERVICES BOARD

MENTAL HEALTH, INTELLECTUAL DISABILITY and SUBSTANCE USE SERVICES

20 W. Bank Street - Suite 7 • Petersburg, Virginia 23803

(804) 862-8002 - Fax: (804) 863-1665

jtunstall@d19csb.com

mdevault@d19csb.com

Jennifer Tunstall, LCSW

Executive Director

Melissa DeVault, MS

Director of Operations

District 19 Community Services Board held a regular meeting of the Board of Directors on Thursday, December 6, at 6:00 p.m. at 20 West Bank Street, Petersburg, Virginia 23803.

I. The Chairman, Donald Hunter, called the meeting to order at 6:00 p.m.

II. **Roll Call:**

PRESENT:	Donald Hunter	Shel Bolyard-Douglas
	Capt. Mark Payne	Ray Spicer
	Frances Randolph	Phyllis Moore-Tolliver
	W. Joe Green	Sherry Saunders
	Rose Mastracco	Brenda Ebron-Bonner

EXCUSED:	Col. Karen Craig	Danielle Powell, P.C.
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III. **Approval of Agenda**

MOTION: Mrs. Mastracco made the motion to approve the agenda as presented.

Seconded by: Ms. Randolph

Motion carried

IV. **Approval of Minutes**

MOTION: Mr. Green made the motion to approve the minutes of the October 25, 2018 meeting as presented.

Seconded by: Dr. Moore-Tolliver

Motion carried

- PARTICIPATING MEMBERS -

Colonial Heights
(804) 520-7210

Dinwiddie
(804) 469-3746

Emporia/Greenville
(434) 348-8900

Hopewell/Prince George
(804) 541-8660

Petersburg
(804) 862-8002

Surry
(757) 294-0037

Sussex
(804) 834-2205

- V. **Public Comments** – Board member, Mr. Joe Green, complimented District 19 staff for doing a good job over the past year.

Mrs. Tunstall, Executive Director, introduced Jessica Thomas, the new Director of Community and Crisis Services to the Board.

- VI. **Recognition of Employees** – Mrs. Tunstall recognized Terrelle Stewart, Enhanced Crisis Services Manager, as Employee of the Month for November 2018. Terrelle works for the Community and Crisis Division, and has contributed to the success of the Same Day Access program. She voluntarily made herself available and literally “steered the ship” to get Same Day Access up and running smoothly. Although she was not designated the official SDA supervisor, she proved to be the go-to for all other staff. She demonstrated excellence in safe work practice, and has shown an outstanding concern for the welfare of others. This has led to an improved work environment by suggesting a workflow for SDA and alternatives during crisis situations.

Terrelle’s customer service skills are exemplary. She is always friendly and available to provide assistance to others. Despite the overwhelming amount of work that everyone has to do, Terrelle consistently finds ways to help her co-workers. Her commitment and her efforts not only benefit the entire SDA department, but they also set an inspiring example for Same Day Access, Crisis Assessment Center, and D19 co-workers.

- VII. **Educational Topic – Prevention Services** – Regina Smith, LCSW, D19 CCPS Prevention Services Manager, provided a presentation to the Board on the District 19 CSB Prevention System. Prevention’s overall mission is to provide quality prevention education, resources, and supportive services designed to help: Reduce risk factors and enhance protective factors associated with ATOD use with youth and women of child-bearing age; and Increase knowledge of the factors that offer protection from suicidal behaviors and promote wellness and recovery. District 19’s Prevention Services creates or partners with community coalitions/committees to carry out the mission of the Prevention System. District 19’s Prevention Services participates in the (Alcohol) Underage Drinking Prevention campaign. Staff have put postcards and table cards in over 30 restaurants in our catchment area. They have to (Tobacco) perform store assessments and merchant education to 255 sites in all nine D19 localities every two years, and have maintained compliance. Prevention Services is mandated to provide Mental Health First Aid trainings every year. Trainings are usually scheduled for the beginning of the year and in the fall. They have sponsored annual suicide prevention walks, and have collaborated with Comcast to air three commercials for over a year.

VIII. Old Business – Meeting with Colonial Heights Mayor - Mrs. Tunstall updated the Board on her meeting with the City Manager, Mayor, and Vice Mayor of Colonial Heights. The meeting was also attended by Sherri Diven, Carol Webster, and Lisa Clark. The main issue was related to school-based therapy, and the city questioned why it is not being provided in all Colonial Heights City Schools. It is currently in one of the elementary schools in Colonial Heights, and they want these services expanded to more schools. Sherri Diven explained that school-based therapy is a free service, and how much it entails. District 19 has three staff that cover nine localities with no reimbursement. We provided information regarding all services offered to Colonial Heights (how many we serve), as well as the budget and local funding requests. They were informed that they have not been meeting the local funding request. We provided answers to their questions, and they asked us to come up with the funding needed to support more school-based therapists. The meeting went well overall.

IX. New Business

Item A. Strategic Plan Draft – Mrs. Tunstall informed the Board that Leadership Team met yesterday, December 5th, to work on the Strategic Plan for 2019-22. We will continue to work out the details, prioritize and have a more finalized version to bring to the Board for approval. The first few pages in the Board packet give an overview; page 5 is detailed.

Item B. Local Funding Requests - Lisa Clark, Finance Director, reviewed the spreadsheet of FY20 local funding request amounts for the localities we serve. The spreadsheet shows a breakdown of requests for the last three years and what was received. There were six localities that did not meet funding requests in FY17; three in FY18; and one in FY19. Over the last three years, we have asked for level funding. However, due to the reduction of state funding based on Medicaid expansion, we are asking for a three percent (3%) increase in local funding for FY20. Mrs. Tunstall asked that the Board review the spreadsheet, and encouraged Board members to speak to their individual localities to support the funding requests.

MOTION: Captain Payne made the motion to approve the increased local funding requests amounts as presented.

Seconded by: Mr. Green

Motion carried

Item C. Implement Medicaid CCC+ Managed Care Organization (MCO) Payment -

Mrs. Tunstall provided a presentation to educate the Board on implementing Medicaid Expansion and CCC+ health plans. Medicaid CCC Plus Health plans provide medical, behavioral, substance use disorder, and long term services and supports all under one program. CCC Plus is for full Medicaid members who are either 65 or older, children of adults with disabilities, nursing facility residents, or someone receiving services through a home and community base waiver. The General Assembly directed DMAS to transition individuals from the Fee-For-Service delivery model into the Managed Care Model to achieve high quality care and budget predictability.

There are six health plans (MCOs) statewide. They are Aetna Better Health of Virginia, Anthem HealthKeepers Plus, Magellan Complete Care of Virginia, Optima Health Community Care, United Healthcare Community Plan, and Virginia Premier Elite Plus. CCC Plus Health Plans began managing most Community Mental Health Rehabilitation Services (CMHRS) on January 1, 2018. The CMHRS and Behavioral Therapy transitioned to Medallion 4.0 in accordance with the regional implementation of the program beginning August 1, 2018. On each effective date, Magellan of Virginia, DMAS' Behavioral Health Services Administrator (BHSA) will no longer administer CMHRS and Behavioral Therapy for Medallion 4.0 enrolled members. Instead, CMHRS and Behavioral Therapy will transition into the Medallion 4.0 MCO contract utilizing DMAS' current MMHRS coverage criteria and program requirements.

State General fund reductions for FY19 total \$225,075. FY20 State General fund reductions total \$511,219. District 19 currently serves approximately 860 uninsured individuals. Of those, approximately 658 individuals will meet the new income eligibility requirements (138% of poverty level). However, not all individuals who meet the income requirements will become eligible. Projected numbers of regular Medicaid enrollees and Medicaid expansion show 658 including Emergency Services (339). A more accurate number is 319, removing Emergency Services. We estimate \$155,257 additional revenue based on mental health case management and GAP case management.

District 19 has signed a BAA with DMAS to establish a data sharing agreement. The purpose of this agreement is to allow each CSB to send identifying data to DMAS on individuals who currently are not enrolled in Medicaid. In turn, DMAS can compare this information to their system and determine how many of these individuals are already included, or who will be included in one of their fast track eligibility populations such as Plan First. Therefore, these individuals will be included in the Medicaid Expansion group on January 1, 2019.

Jessica Thomas, Director of Community and Crisis Services is our primary point of contact for each MCO.

Item D. Commercial Insurance/Fee Schedule Adjustment - District 19 would like to provide services to individuals who have commercial insurance. Currently, individuals with commercial insurance are turned away or have to pay full fee. Commercial reimbursement rates/fees are typically higher than Medicaid fees so we have to revise our rates to match commercial fees. District 19 has not revised rates in two years. Due to the increase in rates, self-pay rates will also increase. Commercial billing will only include the six MCOs that offer commercial plans for now. There are only four at this time (Optima, UBH/Optum, Anthem, and Aetna). Commercial plans will be offered tentatively starting February 1, 2019.

District 19 is also moving forward with setting up a system to accept debit and credit cards.

MOTION: Capt. Payne made the motion to move forward with D19 accepting commercial insurance from the four MCOs that offer commercial insurance plans.

Seconded by: Dr. Moore-Tolliver

Motion carried

Item E. Sussex Clinic Changes – The Sussex Clinic has vacancies resulting in one full-time employee working there with a couple of employees that are “split” between the Sussex and Surry Clinics. The house that serves as the clinic is too small with no room for expansion. There is a problem with parking, and the front reception area has no privacy, to name a few. District 19 would like to move forward with the plan to rent space in the Sussex Community Center for IOP services once that position is filled. We would like to rent two additional office spaces at the Center two days a week to be used for telemedicine, assessments, and other on-site appointments. We will prepare the current Sussex property for sale. Services in Sussex will continue, but will be more community-based. Services will either be in the community, at the individual’s home, or at the community center offices as needed. The location change will have to be approved by DBHDS licensing, and it will take time to go through the process once the Board approves. District 19 will contact a realtor to assess the potential listing price. Projected cost savings include utilities, maintenance, and combined staff. We will provide more information in January as we move forward with discussions with licensure and the realtor.

Item F: Additional Holiday for Employees – Mrs. Tunstall asked the Board to approve December 26, 2018 as an additional holiday for D19 employees. She stated that due to the reduction in funding, staff were not able to receive bonuses this year. Mrs. Tunstall stated that she discussed loss of revenue with the agency closing with the Finance Director and they did not feel that there would be a loss of revenue because most staff would be on annual leave anyway.

MOTION: Dr. Moore-Tolliver made the motion to approve December 26, 2018, as an additional holiday for staff.

Seconded by: Capt. Payne

Motion carried

X. Informational Items

Item A. Finance Report – The financial report is presented for informational purposes. District 19 received a donation of \$14,559 from a former consumer which is reflected in the report.

Item B. SAC Minutes – The Staff Advisory Committee (SAC) is continuing to work hard on behalf of the employees. The next All Staff is scheduled for Friday, December 14, 2018 at West End Baptist Church starting at noon.

Item C. 2019 Board of Director's Meeting Schedule – Included for informational purposes.

XI. Closed Session – None

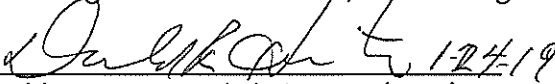
XII. Adjournment:

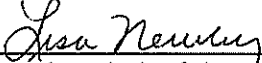
MOTION: Ms. Randolph made the motion to adjourn the meeting.

Seconded by: Dr. Moore-Tolliver

Motion carried

There being no further business, the meeting was adjourned at 7:38 p.m.

 1/24/19
Donald Hunter, Board Chairman (Date)

 1/29/19
Lisa Newby, Clerk of the Board (Date)