

# Health Planning Region IV

## Community Services Boards, Suicide Prevention, and Mental Health Services Resource Guide

*A network of community resources dedicated to helping individuals and families live happy, healthy, and meaningful lives*

### Community Services Boards & Mental Health Centers

<b>Chesterfield CSB</b>	<b>www.chesterfield.gov/csb</b>
Main Line	804-768-7220
Mental Health Intake	804-768-7318
Mental Health Crisis Line	804-748-6356
<b>Crossroads CSB</b>	<b>www.crossroadscsb.org</b>
<i>Areas Served: Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Nottoway, Prince Edward</i>	
Main Line	434-392-7049
	434-392-7208
Emergency Services-24 Hour	1-800-548-1688
<b>District 19 CSB</b>	<b>www.d19csb.com</b>
<i>Areas Served: Colonial Heights, Emporia, Hopewell, Petersburg, Dinwiddie, Greensville, Prince George, Sussex, Surry</i>	
Main Line	804-862-8054
24-Hour Crisis Hotline	804-862-8000
	(Toll Free: 1-866-365-2130)
Emporia Crisis Line (Toll Free):	1-434-634-2020
Crisis Assessment Center	804-862-6095
<b>Goochland-Powhatan CSB</b>	<b>www.gpcsb.org</b>
Main Line	
<i>Goochland</i>	804-556-5400
<i>Powhatan</i>	804-598-2200
Emergency Services-24 Hour	
<i>Goochland</i>	804-556-3716
<i>Powhatan</i>	804-598-2697
<b>Hanover CSB</b>	<b>www.hanovercounty.gov</b>
Main Line	804-365-4222
Emergency Services-24 Hour	804-365-4200
<b>Henrico CSB</b>	<b>www.henrico.us/mhds</b>
<i>Areas Served: Henrico, Charles City, New Kent</i>	
Main Line	804-727-8500
Request for Services	804-727-8515
Emergency Services-24 Hour	804-727-8484
<b>Richmond Behavioral Health Authority</b>	<b>www.rbha.org</b>
Main Line	804-819-4000
Crisis Services-24 Hour	804-819-4100
TDD	804-819-4145
<b>Southside CSB</b>	<b>www.sscsb.org</b>
<i>Areas Served: Brunswick, Halifax, Mecklenburg</i>	
Main Line	434-572-6916
Emergency Services	
<i>Brunswick</i>	434-848-4121
<i>Halifax</i>	434-572-2936

### Regional Specific Community Resources

<b>Henrico</b>	
Walking Thru the Valley	
Christ Church Episcopal	804-921-2459
Healing After Suicide	804-458-4586
Nelson Funeral Home	www.nelsonfh.com
Main Line	804-909-0123
<i>Provides a listing of local support groups in the Richmond area</i>	
Grief Share	
Poplar Springs Baptist Church	804-795-7316
Place for Teens	804-357-2994

### Crossroads

Pregnancy Support Center	www.pscfarmville.org
Main Line	434-392-8483
Help-line (24 Hour)	1-877-888-8383

Southside Center for Violence Prevention--Madeline's House and Piedmont Crisis Center	www.madelineshouse.org
Main Line	434-292-1077
Domestic Violence & Sexual Assault Hotline-24 Hour	1-888-819-2926
Health Center for Women & Families	434-392-8177

Holistic Moms Network Southside VA Chapter	www.southsideva.holisticmoms.org
Main Line	1-877-HOL-MOMS (465-6667)

Partners in Care	
Main Line	434-298-6106
	434-292-9054

*Faith-based support services for members, veterans, and families*

Habitat for Humanity	434-392-6627
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Adult Literacy Program	
Tri-County Life Learners	434-392-9019

Healing after Suicide Mental Health America Of Central Virginia	www.mhacv.org
	434-847-9055

Kid's Haven: A Center for Grieving Children	434-845-4072
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### District 19

Mental Health First Aid Training	804-863-1689; 804-862-8002
Virginia Veteran and Family Support	804-862-8002

### Goochland-Powhatan

Goochland Social Services/Shelter	www.co.goochland.va.us
	804-556-5880

Goochland Sheriff Department	www.goochlandsheriff.org
	804-556-5348

Goochland Free Clinic & Family Services	www.goochlandfreeclinicandfamilyservices.org
	804-556-5480

Powhatan Social Services	www.powhatanva.gov
	804-598-5630

Powhatan Sheriff Department	www.powhatanva.gov
	804-598-5656

The Free Clinic of Powhatan	www.freeclinicofpowhatan.org
	804-598-5637

Living Free-Christ Centered Recovery Group	804-556-5700
Domestic Violence Program	
24-Hour Line	804-980-6267

### Richmond Behavioral Health Authority

Richmond VA Medical Center Suicide Prevention Coordinator	804-675-5000 (Ext. 3499)
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Survivor of Suicide Loss Support Group	
Monument Heights Baptist Church	email: <a href="mailto:namicva@aol.com">namicva@aol.com</a>
Virginia Veteran and Family Support	804-819-4000



## National & Regional Resources

**National Suicide Prevention Lifeline**  
1-800-273-TALK (8255)

**National Suicide Prevention Hotline**  
1-800-852-8336

**National Alliance on Mental Illness (NAMI)**  
1-800-950-6264

**National Alliance on Mental Illness-Central Virginia**  
804-285-1749

**National Graduate Student Crisis Line (24 Hour)**  
1-800-GRD-HELP

**American Foundation for Suicide Prevention (AFSP)**  
804-868-0082

**Army National Guard Resilience, Risk Reduction, and Suicide Prevention**  
434-298-6036  
757-406-3345

**VA Army National Guard Suicide Prevention Program**  
434-298-6149

**Ft. Lee Suicide Prevention Program**  
804-734-3415

**Jason Foundation Resource Center**  
Community Assistance Resource  
Line (CARL)  
972-810-3093  
804-320-3911 (Local)  
*Provides awareness and prevention on youth suicide*

**VA Child Abuse Hotline**  
1-800-552-7096

**Adult Protective Services Hotline**  
1-888-832-3858

**Alcoholics Anonymous** [www.aa.org](http://www.aa.org)  
804-355-1212

**AL-NON** [www.va-al-anon.org](http://www.va-al-anon.org)  
804-353-4885

**Full Circle Grief Center (Richmond)**  
804-912-2947

**Virginia Veteran and Family Support (South Boston)**  
434-572-6916 (Ext. 310)

**Virginia Department of Veteran Services**  
804-371-4675 (Local)  
1-877-285-1299 (Toll Free)

## Resources for Youth & Young Adults

**Kids Health** [www.kidshealth.org](http://www.kidshealth.org)  
*Provides interactive health related information for youth and teens*

**Society for the Prevention of Teen Suicide** [www.sptsusa.org/teens](http://www.sptsusa.org/teens)  
*Provides first person messages from other teens and additional resources*

**ULifeline** [www.ulifeline.org](http://www.ulifeline.org)  
*Provides online resources for college mental health specific to your college or university*

**GradResources** [www.itgetsbetter.org](http://www.itgetsbetter.org)  
*Provides support for young people of the LGBT community*  
Facebook: [www.facebook.com/itgetsbetterproject](http://www.facebook.com/itgetsbetterproject) --"Like" Us  
Twitter: @itgetsbetter

## Region IV Psychiatric Hospitals

**Bridges Treatment Center**  
693 Leesville Road  
Lynchburg, VA 24502  
434-200-5700

**CENTRA Virginia Baptist Hospital**  
3300 Rivermont Avenue  
Lynchburg, VA 24503  
434-947-4444

**John Randolph Medical Center**  
411 W. Randolph Road  
Hopewell, VA 23860  
1-800-999-0374  
804-541-1600

**Poplar Springs Hospital**  
350 Poplar Drive  
Petersburg, VA 23805  
804-733-6874  
1-866-546-2229 (Toll-free/24-Hour)

**Richmond Community Hospital**  
1500 N. 28<sup>th</sup> Street  
Richmond, VA 23223  
804-287-3581  
804-225-1700

**Southside Community Hospital**  
800 Oak Street  
Farmville, VA 23901  
434-392-8811

**St. Mary's Hospital**  
5801 Bremono Road  
Richmond, VA 23226  
804-287-7836  
804-285-2011

**Tucker Pavilion  
Chippenham Hospital**  
7101 Jahnke Road  
Richmond, VA 23225  
804-323-8846

**University of Virginia Health System**  
125 Lee Street  
Charlottesville, VA 22903  
434-924-2198  
434-924-3627

**VCU/MCV**  
1300 East Marshall Street  
Richmond, VA 23298  
804-828-8200  
804-828-9000

**Virginia Treatment Center for Children**  
515 North 10<sup>th</sup> Street  
Richmond, VA 23219  
804-828-8822  
804-828-3129

